

會員活動簡介

DESCRIPTION OF MEMBER ACTIVITIES

Class	Description	Notes
陽光合唱團 Sunshine Choir	Weekly practice on Saturday mornings. Various stage performances.	
社交舞 Social Dance	Beginning and intermediate classes of ballroom dancing on Saturday mornings.	
民族舞蹈 Folk Dance	Learn and perform Chinese folk dance of various regions of China.	
籃球 Basketball Team	Team basketball on Wednesday evenings and Sunday mornings. In-door gymnasium.	◆
網球 Tennis Club	Meet at SHHS tennis court	
太極拳 Tai-Chi	Learn tai-chi every Saturday morning for relaxation and health.	
長青會 Seniors Club	Meet senior members in this community and participate in various activities.	☆
成人英語 ESL	Study to speak English from professional ESL teacher	△

請直接向各班老師報名

Please sign up in each class.

上課時間大多是星期六上午。學費由各班老師代收。

Most classes meet on Saturday mornings, but schedules vary.

Fees are collected by the instructors.

◆ Meets on Wednesday, or Weekends.

☆ Irregular meeting schedules.

△ Free of charge.